

New Featured Cruise!

## Wine-Appreciation cruise aboard a Maine sailing legend

*New for 2010!*

This year we are partnering with Cellardoor Winery to offer a fabulous twist to our September 20th - 4-Day cruise. On board will be tasting-room specialist Abby Stocks from Cellardoor who will lead us through demystifying wines through exercises of sensory identification, pairing wine with food as well as discussing dessert wines. Truffles anyone?

And if that's not enough, enjoy a luncheon at the winery the day we return! What could be better than sailing along the Maine Coast, eating fresh food prepared on the woodstove while sipping a great wine?



Photo by Jim Dugan

IT'S SIMPLE TO RESERVE... 800.992.2218



Photo by Jim Dugan

A MAINE SAILING LEGEND  
www.schoonermaryday.com  
www.mainewindjammerblog.com

Schooner Mary Day  
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## Blessings

We are feeling quite blessed lately, even with things a little slower than we would all like with the economy. Jen and I are thankful that so many people are still choosing windjammer vacations as their one big get-away of the year. I guess it is something about the simplicity, the camaraderie, and the beautiful Maine coast that inspires and refreshes us. We are lucky and we want to give back as much as we can. We receive frequent calls from folks asking us to donate trips to some remarkable causes.

Last year we donated several trips to the Galveston Historical Foundation to support their tallship Elissa. We also made contributions to the Friends of the Rockland Breakwater Light and the American Lighthouse Foundation. Our new town library in Appleton and the Owls Head Transportation Museum were other local beneficiaries of your hard earned money.

This year we have committed to donate profits from the Memorial Day Cruise to the American Cancer Society in honor of Mary Barney. In 4 days Sawyer and Nadie raised \$500 thru a ski-a-thon for the relief effort for Haiti (\$3,700 raised by all the kids) in which Mary Day was a large supporter. Our local Make-a-Wish Foundation is the recipient of our donation of a cruise for 2 for their upcoming summer auction. We are doing the best we can to keep our prices down and still give back to the community. We know so many of you that understand that delicate balance so we decided to keep our rates at their 2009 level... no increases! We know some of you may not be able to return to see us this summer but we will be here when the time is right. In the meantime we applaud how much each of you gives back to your local and global community. Thank you for all you give!



Close-hauled coming out of Merchant's Row. Photo by Jim Dugan

## Missing Mary

For the past 13 years Mary Barney has enriched our lives with her great food and wonderful presence. Last fall Mary passed away after a short and graceful bout with cancer. Getting over this loss will be hard for all of us. I know many of you expected to see her there for many years to come. Change stinks if you ask me but change is inevitable. It is Mary's gift to us all to learn to accept change with the same grace she possessed. What follows is the beginning of a blog post I wrote last fall (full text available online):

"My heart is heavy with sadness as I write this particular blog. Since  
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*We have no itinerary...*

*We move to the rhythm  
of wind and tide.*

*Every windjammer  
cruise is a unique Maine  
vacation adventure.*

Photo by Jim Dugan

## 2010 SCHEDULE 10-3

All cruises board the night before the sailing date.

### 3-Day Quick Getaways

Cruise#	Sailing Date	Rate	Special Events/Moon Phase
456	May 29	\$550	Memorial Day Weekend/New Moon
464	July 19	\$625	No set itinerary - just relax
465	July 22	\$625	No set itinerary - just relax
470	Aug. 23	\$625	No set itinerary - just relax/Full Moon
471	Aug. 26	\$625	No set itinerary - just relax

### 4 - Day Island Hoppers

Cruise#	Sailing Date	Rate	Special Events/Moon Phase
458	June 9	\$650	Lighthouse Cruise
475	Sept. 20	\$650	Wine Appreciation/Foliage
476	Sept. 25	\$650	Fall Foliage/New Moon
477	Sept. 30	\$650	Fall Foliage
478	Oct. 6	\$650	Last chance to sail! Fall foliage/New Moon

### 6 - Day Ultimate Cruises

Cruise#	Sailing Date	Rate	Special Events/Moon Phase
459	June 14	\$915	Naturalist/Lighthouse/New Moon
461	June 28	\$930	Naturalist/Photography/Full Moon
462	July 5	\$950	Great Schooner Race
463	July 12	\$950	No Smoking/Full Moon
466	July 26	\$1050	WoodenBoat Course/Full Moon
467	Aug. 2	\$950	Sweet Chariot Folk Music Festival
468	Aug. 9	\$950	No Set Itinerary - just relax/New Moon
469	Aug. 16	\$950	No Smoking
472	Aug. 30	\$875	Camden's Windjammer Festival (5+day)
473	Sept. 6	\$925	Lighthouse Cruise/New Moon
474	Sept. 13	\$925	WoodenBoat Rendezvous w/Neal Parent

**10%  
OFF**  
for returning  
guests!

## Mary's Anadama Bread

Makes 1 loaf

- 1 pkg yeast      ½ cup warm water
- ¼ tsp sugar      ¼ cup molasses
- 3 cups unbleached all-purpose flour
- ½ cup stone-ground yellow cornmeal
- 1 tsp salt      ½ cup canned cream-style corn
- 2 Tbsp unsalted butter, melted & cooled

Combine the yeast, warm water & sugar in a small bowl. Set aside until the yeast starts foaming, 5-10 minutes. Stir the flour, cornmeal & salt together in another bowl. In a 3rd bowl, stir the corn, molasses & melted butter together. Add the yeast & corn mixes to the flour, stir until the mixture forms a mass. Turn the dough until it is smooth and elastic, 10 minutes. Lightly oil a large bowl & turn the dough in it to coat it. Cover loosely with a damp towel & let the dough rise until it doubles in size (approx. 1 hour). Lightly butter a bread pan. Punch down the dough & flatten it into a circle about 1" thick. Roll it up & shape into a loaf. Press it into prepared pan, cover again loosely with damp towel & rise again (approx. 1 hour). Preheat oven to 375. Bake until the bread is golden brown & when tapped, sounds hollow (approx. 35 minutes). Remove from pan & cool on wire rack. Enjoy!

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the beginning of August our dear friend and cook for the last 13 years, Mary Barney, had been struggling with cancer. I have intentionally respected Mary's privacy and I apologize to you for not sharing any news about Mary's health sooner. On Monday afternoon Mary passed away very peacefully at home, surrounded by friends and "family." Her departure

was as graceful as the rest of her life. Many people, including Jen, have been doing heroic work to support Mary these last few weeks.

Oddly enough Mary was never very excited about transitions though this was about the fastest transition she ever made. And as I struggle to let go of Mary I realize I am terrible with transitions as well . . .

*Capt. Barry*

For the entire blog entry, see

<http://www.mainewindjammerblog.com/2009/09/bail-mary.html>

For pictures of Mary, see <http://schoonermaryday.com/mary/>



## Captain's Call

The other day Jen pulled a loaf of Mary's anadama bread out of the freezer. It was delicious with flavor and memories. I can see Mary standing over her stainless bowl atop her painted stool kneading away. The yeast she proofed carefully. The flour she added by feel, not by recipe. Her hands strengthened by years of experience worked instinctively to knead together the ingredients that all of us knew were more than what came from a shopping bag.

Turning points in our lives sometimes come upon us like a blind corner in the road. For our family and our guests Mary's passing was certainly a blind corner that at first blush appeared to lead into a wall. Personally I have been through one heck of a fall and winter. Working through the loss and seeing the scrapings at the bottom of the barrel has not been easy. It is an every-waking-moment kind of work. I find my compassion renewed by the constant aching in my gut. Mary's final gift to us all is the challenge of kneading into our lives passion and compassion.

I am looking forward to this season. I am excited for

the crew who are returning, Katie, Rob and Beth. I welcome our new crew, Johanne and Sarah. These folks have a passion for people and teaching and learning. And that is what these cruises are all about at the end of the week. Of course I can't wait to get out on the bay. What changes have the islands been through? It is all a mystery and I look forward to every moment of the adventure.

We have added a new "Wine Appreciation" cruise that Jen is very excited about. And despite our lack of a fall newsletter, cruises are filling in better than we had expected. Embracing change, looking forward, and savoring the here and now; these ideals have me yearning to be back aboard the schooner with all of you. We hope you are all well and look forward to seeing you soon.

*Barry, Jen, Sawyer, Courtney and Gussie*



**SchoonerMaryDay.com or 800.992.2218**