

# Welcome Aboard!

Before you arrive, here are a few helpful tips and answers to some commonly asked questions.

# How d'ya get thar from hea?

#### **Driving**

### Google Maps: https://goo.gl/maps/a5REmsK5a1M2

From heading north on coastal Route I, at the entrance to downtown Camden there will be a flashing red light at an intersection with a Montessori school and a Stop'n Go gas station. Go straight on thru and as you drive downtown the road will take a sharp left through the rows of shops. At the end of the shops there will be a right hand turn onto Atlantic Ave. The Camden Library will be at the corner of Atlantic Ave. Take the right on Atlantic and find a place to park. The Mary Day will be on your right down thru the town park. Plan to unload and arrive at the boat anytime after 4pm, on boarding day, the day before you sail. Please do not board before 4 pm as this is our busiest time to prepare the



schooner for your cruise. We'll park cars in a secured private lot later that evening and again in the morning prior to departing.

## How do we get to Maine?

#### **Travel**

Major airlines fly to Portland, Maine (approx. two hours by car). Cape Air (<a href="https://www.capeair.com/">https://www.capeair.com/</a>) flies commuter flights between Boston, MA and Rockland, ME. Rockland is approx. 12 miles from Camden. Taxis are available. There is also a van service, Mid Coast Limo (<a href="https://midcoastlimo.com/">https://midcoastlimo.com/</a>) that provides service from Portland and Bangor to Camden. Concord Coach Lines (<a href="https://concordcoachlines.com/route/midcoast-maine-boston-logan-airport/">https://concordcoachlines.com/route/midcoast-maine-boston-logan-airport/</a>) is the bus service that travels from Boston thru Portland to Camden/Rockport town line. It drops folks off at the local gas station. Please let us know prior to your trip if you are arriving by bus and we can pick you up.





### Can I park my camper?

#### Communication

#### 207-785-5670 or 800-992-2218

Should you need to call us with any questions please call between 9am -5pm eastern time. To enable us to help you make the most out of your vacation we ask that please let us know ahead of time (well before boarding day) of any changes in your reservation. Things such as arriving late (after 8pm), any new dietary restrictions (seafood allergy), if someone in your party requires a CPAP machine hookup, parking a large vehicle (camper or trailer). If you think of anything else, let us know.

# How can my family reach me while out sailing?

#### **Emergency**

The Mary Day office number is a good resource to leave with your family in order for them to reach you in an emergency. Cell phone coverage is varied throughout our cruising area. The office will be able to contact the boat and relay any messages. Please note it takes time. We consider an "emergency call" a life or death event only.

# Can I recharge my cell phone?

#### **Cell Phones**

Cellular coverage along the coast is incomplete and can be frustrating. We have become aware that the use of cell phones on board can be very disturbing to others. For the same reasons that we ask for headphones to be used when listening to your favorite device, we ask that when needing to use your phones for calling, please do so while on shore. Our goal is to leave the hectic pace of shoreside behind, sail and relax. It will all be there when we return.....if we return!

## Are there plugs in the cabins?

#### Miscellaneous

All cabins have sinks and cold water supplied while hot water can be obtained on deck. Both showers and the heads are located on deck. A large awning is set over the deck at night so that trips to the head are dry. All cabins have 24v. electric lights but no 11ov. There is a charging station on deck for passengers to use for recharging cell phones and other devices. Cabins have opening windows and skylights and full sitting headroom in the bunks. We provide linens, towels and blankets. All cabins (except the single cabins) have 9 feet of standing headroom. Single mattresses are standard cot length (6'2").

# Suggested Packing List

2 pairs of soft soled shoes

warm jacket or heavy windbreaker (it can get cool)

warm sweater, wool works great

warm hat & gloves

rain gear, top & bottom (ponchos are not recommended)

rubber boots if you have them

swim suit

shorts

turtleneck

t-shirts

socks & underwear

2 pairs pants

2-3 heavy shirts

sunglasses, sunhat, sunblock for lips and face toiletries (shampoo, toothpaste, toothbrush etc)

a good book, favorite game

small musical instrument

cell phone & charger

camera

any prescription meds

extra pair of prescription glasses (optional)

water bottle

(deck chairs are provide, please do not bring folding

# What should I bring?

### **Clothing**

Is all very informal. Please pack in collapsible soft-sided luggage to preserve cabin space. Plan to layer up and down with the often changing temperatures. If can be very warm during the day and cooler at night. Sometimes we have sunshine every day but you should plan for a bit of rain or a spot of fog, so rain gear is highly recommended. Rubber soled shoes are a must. Bring two pairs as one may get wet.

#### Seasickness

Mary Day is a large and stable vessel that is further stabilized by her sails. We sail in the very protected waters of Penobscot Bay. Only rarely do we head out into the open ocean and only when conditions are "perfect or better". If you still have any fears we often recommend that passengers take a half dose of their favorite motion sickness remedy several hours before getting underway on the first day as a preventative. SeaBands (http://www.sea-band.com/) are also great to have and easy to use. Available in most drug stores and can be used 24 hours a day without any side effects.

### Do people get seasick?



### Is alcohol served on board?

#### Alcohol & Soft Drinks

We ask that folks drink in moderation. While we do not provide alcohol or soft drinks you are welcome to bring your own. We have a large passenger ice chest that allows each passenger to keep cold a couple of cans or bottles of their favorite beverage. There is plenty of time to buy those items in Camden prior to departing so no need to travel with them.





# Will we be able to go ashore?

#### **Shore Trips**

While we have no set itinerary we do get ashore almost every day to stretch our legs and explore. Part of the fun of being here is getting a chance to visit some of the unique out of the way places that make the Maine coast special. Take a small boat for a row or a sail, try your hand at paddle boarding, hike the islands and rocky beaches as well as swim in the invigorating waters of Maine. There's much to do and see!

# Can we help out on the boat?

#### On Board

You bet! We love it when passengers get involved and we'll help you learn to do so safely. Setting and tacking sails is great schooner aerobics. We also have upper level management positions for those who prefer supervisory roles. When the time is right, take a trick at the wheel or ask the Capt. for a few navigational pointers. We are teachers at heart and love to share experiences with you. Don't forget to take time out to relax and just watch the scenery, chat with new friends and read a good book.

Can we sleep on deck?

#### Night sky

Absolutely! For the adventurous, a night sleeping beneath the stars can be a wonderful experience. Bring a sleeping bag and a pad to sleep on. We'll provide all the stars that you could possibly count.

# Any recommendations for places to stay?

#### **Helpful Numbers**

Please be sure to call services for their latest fares and to make your reservations. We do our best to get the schooner back at the dock by IIam on the returning date. Remember to allow yourself travel time before your scheduled flight.

Abigail's Inn: http://www.abigailsinn.com/

Camden Riverhouse: <a href="http://www.camdenmaine.com/">http://www.camdenmaine.com/</a>

Birchwood Motel: <a href="http://www.birchwoodcamden.com/">http://www.birchwoodcamden.com/</a>

PenBay Chamber of Commerce: <a href="http://www.camdenrockland.com/">http://www.camdenrockland.com/</a>

Enterprise Car Rental: <a href="https://www.enterprise.com/en/car-rental/locations/us/me/rockland-me-1089.html">https://www.enterprise.com/en/car-rental/locations/us/me/rockland-me-1089.html</a>

Schooner Bay Taxi: <a href="http://www.schoonerbay.taxi/">http://www.schoonerbay.taxi/</a>

Mid Coast Limo: <a href="https://midcoastlimo.com/">https://midcoastlimo.com/</a>